



RESORT ACTIVITIES SCHEDULE

RESERVE YOUR SPOT ONLINE

For more information regarding Resort Activities, please contact the hotel at 780 852 6091, or visit Concierge located in the Main Lodge.



CAMP JPL: 10:00AM - 4:00PM FOR AGES 5-12 | \$189 PER CHILD
EMAIL CAMP.JPL@FAIRMONT.COM FOR MORE INFORMATION AND AVAILABILITY

SCAVENGER HUNT | 8:00 AM - 8:00 PM
SEE EMBARK FOR MORE DETAILS

GLACIAL PLUNGE & SAUNA JOURNEY (16+): 10:00AM AND 2:00PM | \$89 PER PERSON
VISIT THE HEALTH CLUB OR EMBARK TO RESERVE YOUR SPOT

BEAUVERT LAWN GAMES | 10:00 AM - 8:00 PM
AVAILABLE ON BEAUVERT PLATEAU

BEAR'S DEN GOLF SIMULATOR | \$70 PER HOUR
CALL THE GOLF CLUBHOUSE AT 780-852-6090 OR EMAIL JPL.GOLFPRESERVATIONS@FAIRMONT.COM TO BOOK

INTERPRETATIVE GUIDED HIKE
LAC BEAUVERT GUIDED HIKE: 1:30PM - 3:30PM | \$149 PER PERSON
LAKE ANNETTE GUIDED HIKE: 8:30AM - 12:00PM | \$189 PER PERSON (LUNCH PROVIDED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		BUILD A JASPER BUDDY * 2:00 PM - 3:00 PM	PADDLE PAINTING * 2:00 PM - 3:00 PM	BUILD A JASPER BUDDY * 2:00 PM - 3:00 PM	PADDLE PAINTING * 2:00 PM - 3:00 PM	BUILD A JASPER BUDDY * 2:00 PM - 3:00 PM
		VOYAGEUR CANOE TOUR 2:00 PM - 3:00 PM	BEAUVERT RACES 3:00 PM - 3:30 PM	BEAUVERT RACES 3:00 PM - 3:30 PM	BEAUVERT RACES 3:00 PM - 3:30 PM	BEAUVERT RACES 3:00 PM - 3:30 PM
		BEAUVERT RACES 3:00 PM - 3:30 PM	POOL BASKETBALL 4:00 PM - 6:00 PM	FAMILY SWIM 4:00 PM - 6:00 PM	POOL BASKETBALL 4:00 PM - 6:00 PM	FAMILY SWIM 4:00 PM - 6:00 PM
		FAMILY SWIM 4:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM
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FITNESS CLASS SCHEDULE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM	REST & RESTORE YOGA WITH GILLY 7:00 PM -8:00 PM	PILATES FUSION WITH MEAGAN 7:00 PM - 8:00 PM	FOREST BATHING WITH GILLY 9:00 AM - 10:00 AM MEDIATIVE MOVEMENT WITH GILLY 7:00 PM -8:00 PM
6	7	8	9	10	11	12
ENERGY EXPLORATION WITH GILLY 11:00 AM - 12:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM	FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM	REST & RESTORE YOGA WITH GILLY 7:00 PM -8:00 PM	YIN YOGA WITH STEPH 7:00 PM -8:00 PM	FOREST BATHING WITH GILLY 9:00 AM - 10:00 AM MEDIATIVE MOVEMENT WITH GILLY 7:00 PM -8:00 PM
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AVAILABLE ON BEAUVERT PLATEAU

BEAR'S DEN GOLF SIMULATOR | \$70 PER HOUR
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LAC BEAUVERT GUIDED HIKE: 1:30PM - 3:30PM | \$149 PER PERSON
LAKE ANNETTE GUIDED HIKE: 8:30AM - 12:00PM | \$189 PER PERSON (LUNCH PROVIDED)

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BEAUVERT RACES 3:00 PM - 3:30 PM	BEAUVERT RACES 3:00 PM - 3:30 PM	BEAUVERT RACES 3:00 PM - 3:30 PM	BEAUVERT RACES 3:00 PM - 3:30 PM			
FAMILY SWIM 4:00 PM - 6:00 PM	POOL BASKETBALL 4:00 PM - 6:00 PM	FAMILY SWIM 4:00 PM - 6:00 PM	POOL BASKETBALL 4:00 PM - 6:00 PM			
HISTORY AT THE LODGE 5:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM	HISTORY AT THE LODGE 5:00 PM - 6:00 PM			
VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM	VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM	VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM	VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM			
S'MORES BY THE LAKE 8:00 PM - 9:00 PM	S'MORES BY THE LAKE 8:00 PM - 9:00 PM	S'MORES BY THE LAKE 8:00 PM - 9:00 PM	S'MORES BY THE LAKE 8:00 PM - 9:00 PM			



FITNESS CLASS SCHEDULE

RESERVE YOUR SPOT ONLINE

For more information regarding Resort Activities, please contact the hotel at 780 852 6091, or visit Concierge located in the Main Lodge.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM	REST & RESTORE YOGA WITH GILLY 7:00 PM -8:00 PM	PILATES FUSION WITH MEAGAN 7:00 PM - 8:00 PM	FOREST BATHING WITH GILLY 9:00 AM - 10:00 AM MEDIATIVE MOVEMENT WITH GILLY 7:00 PM -8:00 PM
6	7	8	9	10	11	12
ENERGY EXPLORATION WITH GILLY 11:00 AM - 12:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM	FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM	REST & RESTORE YOGA WITH GILLY 7:00 PM -8:00 PM	YIN YOGA WITH STEPH 7:00 PM -8:00 PM	FOREST BATHING WITH GILLY 9:00 AM - 10:00 AM MEDIATIVE MOVEMENT WITH GILLY 7:00 PM -8:00 PM
13	14	15	16	17	18	19
ENERGY EXPLORATION WITH GILLY 11:00 AM - 12:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM YIN YOGA WITH STEPH 7:00 PM -8:00 PM	FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM			YIN YOGA WITH STEPH 8:00 AM - 9:00AM
20	21	22	23	24	25	26
VINYASA YOGA WITH STEPH 8:00 AM - 9:00AM	YIN YOGA WITH STEPH 8:00 AM - 9:00AM YIN YOGA WITH STEPH 7:00 PM -8:00 PM	FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM		PILATES FUSION WITH MEAGAN 7:00 PM - 8:00 PM	YIN YOGA WITH STEPH 8:00 AM - 9:00AM
27	28	29	30			
	YIN YOGA WITH STEPH 8:00 AM - 9:00AM YIN YOGA WITH STEPH 7:00 PM -8:00 PM	FLOW YOGA WITH KELLI 9:00 AM -10:00 AM PILATES FUSION WITH MAEGAN 7:00 PM - 8:00 PM	AQUAFIT WITH MELODY 9:00 AM - 10:00 AM VINYASA FLOW YOGA WITH KELLI 8:00 PM -9:00 PM			



RESORT ACTIVITIES & FITNESS CLASS SCHEDULE

RESERVE YOUR SPOT ONLINE

For more information regarding Resort Activities, please contact the hotel at 780 852 6091, or visit Concierge located in the Main Lodge.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HYPERICE RENTAL PROGRAM AVAILABLE AT EMBARK PROVISIONS & OUTPOST 1. HYPERICE CARRYING BAG 2. HYPERVOLT (PERCUSSIVE MASSAGE GUN) 3. SPHERE (PERCUSSIVE MASSAGE BALL) 4. NORMATIC GO 5. VYPER (PERCUSSIVE MASSAGE ROLLER) 3 HOUR RENTAL : \$99 24 HOUR RENTAL: \$149						
		1	2	3	4	5
		FLOW YOGA 9:00 AM -10:00 AM BUILD A JASPER BUDDY * 2:00 PM -3:00 PM VOYAGEUR CANOE TOUR2:00 PM -3:00PM BEAUVERT RACES 3:00 PM - 3:30 PM FAMILY SWIM 4:00 PM - 6:00 PM HISTORY AT THE LODGE 5:00 PM - 6:00 PM VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM PILATES FUSION 7:00 PM - 8:00 PM S'MORES BY THE LAKE 8:00 PM - 9:00 PM	AQUAFIT 9:00 AM - 10:00 AM PADDLE PAINTING * 2:00 PM - 3:00 PM BEAUVERT RACES 3:00 PM - 3:30 PM POOL BASKETBALL 4:00 PM - 6:00 PM HISTORY AT THE LODGE 5:00 PM - 6:00 PM VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM VINYASA FLOW YOGA 8:00 PM -9:00 PM S'MORES BY THE LAKE 8:00 PM - 9:00 PM	REST & RESTORE YOGA 7:00 PM -8:00 PM BUILD A JASPER BUDDY * 2:00 PM -3:00 PM BEAUVERT RACES 3:00 PM - 3:30 PM FAMILY SWIM 4:00 PM - 6:00 PM HISTORY AT THE LODGE 5:00 PM - 6:00 PM VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM S'MORES BY THE LAKE 8:00 PM - 9:00 PM	PADDLE PAINTING * 2:00 PM - 3:00 PM BEAUVERT RACES 3:00 PM - 3:30 PM POOL BASKETBALL 4:00 PM - 6:00 PM HISTORY AT THE LODGE 5:00 PM - 6:00 PM VOYAGEUR CANOE TOUR7:00 PM - 8:00 PM PILATES FUSION 7:00 PM - 8:00 PM S'MORES BY THE LAKE 8:00 PM - 9:00 PM	FOREST BATHING 9:00 AM - 10:00 AM BUILD A JASPER BUDDY * 2:00 PM -3:00 PM BEAUVERT RACES 3:00 PM - 3:30 PM FAMILY SWIM 4:00 PM - 6:00 PM HISTORY AT THE LODGE 5:00 PM - 6:00 PM VOYAGEUR CANOE TOUR 7:00 PM - 8:00 PM MEDIATIVE MOVEMENT 7:00 PM -8:00 PM S'MORES BY THE LAKE 8:00 PM - 9:00 PM
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27	28	29	30	CAMP JPL: 10:00AM - 4:00PM FOR AGES 5-12 \$189 PER CHILD EMAIL CAMPJPL@FAIRMONT.COM FOR MORE INFORMATION AND AVAILABILITY GLACIAL PLUNGE & SAUNA JOURNEY (16+): 10:00AM AND 2:00PM \$89 PER PERSON VISIT THE HEALTH CLUB OR EMBARK TO RESERVE YOUR SPOT BEAR'S DEN GOLF SIMULATOR \$70 PER HOUR CALL THE GOLF CLUBHOUSE AT 780-852-6090 OR EMAIL J3PL.GOLFPRESERVATIONS@FAIRMONT.COM TO BOOK SCAVENGER HUNT 9:00 AM - 10:00 PM SEE EMBARK FOR MORE DETAILS BEAUVERT LAWN GAMES 10:00 AM - 8:00 PM AVAILABLE ON BEAUVERT PLATEAU INTERPRETATIVE GUIDED HIKE LAC BEAUVERT GUIDED HIKE: 1:30PM - 3:30PM \$149 PER PERSON LAKE ANNETTE GUIDED HIKE: 8:30AM - 12:00PM \$189 PER PERSON (LUNCH PROVIDED)		
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